

# COLOUR CONFIDENCE WEEK ONE

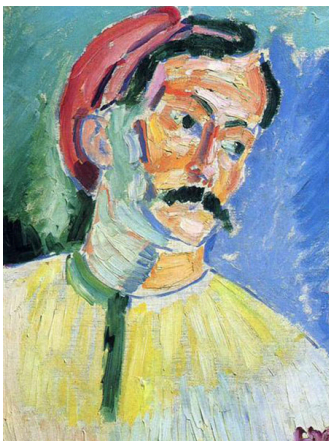


## CMYK: Your gateway to the full colour spectrum!

From the most vibrant, saturated primaries to the most subtle, sophisticated neutrals, it's all available through CMYK mixing. This week you will discover the incredible range of colour possible with just three primaries plus black and white.

### Art History

We will look at Matisse's explosive primaries through to Boag's luminous combinations - at artists who pushed the boundaries of colour. You are joining a rich tradition of colour exploration!



Andre Derain by Henri Matisse,  
1905



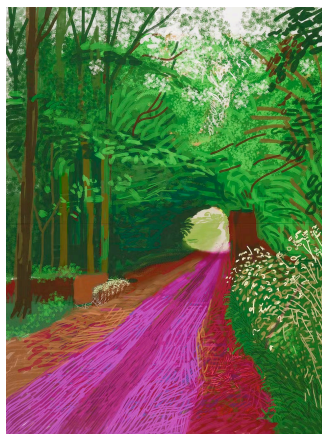
Simultaneous Contrasts by Sonia  
Delauney, 1912



The Breakfast Room by Pierre  
Bonnard, 1930



The Blue Table with Window by  
Patrick Heron, 1954



Arrival of Spring in Woldgate by  
David Hockney, 2011



Edinburgh Castle Morning by  
Francis Boag, 2023

## Mixing with CMY plus Black and White

Whatever you are aiming for in your colour world, it's ALL available to you through CMYK mixing. Today you'll begin to breakdown the mystery of colour and discover this rainbow of possibility!

**Top Tip :** Keep your primaries pure in separate piles on your palette and mix in the centre - this keeps your colours clean and vibrant. Try using a palette knife to mix as it can keep the process more manageable.

Mix	Result	Tips
YELLOW and CYAN	Greens and Blue/Greens (from lime to forest to peacock blue)	<ul style="list-style-type: none"><li>● Start with Yellow</li><li>● Cyan is very strong</li><li>● Look for the small steps</li></ul>
YELLOW and MAGENTA	Oranges and Reds (from soft orange to coral to crimson)	<ul style="list-style-type: none"><li>● Start with Yellow</li><li>● Don't miss the vibrant reds</li></ul>
CYAN and MAGENTA	Violets and Blues (from lavender to royal blue to deep indigo)	<ul style="list-style-type: none"><li>● Cyan is the stronger</li><li>● Take tiny steps</li><li>● Look for the ultramarine</li></ul>
ALL THREE PRIMARIES	Earth Tones and Neutrals (ochres, browns, greys, taupe)	<ul style="list-style-type: none"><li>● Look for a range - they are there!</li></ul>
ADD WHITE	Tints (pastels, highlights)	<ul style="list-style-type: none"><li>● Look for the ultramarine</li></ul>
ADD BLACK	Shades (deeper tones and nuance to vibrant colour)	<ul style="list-style-type: none"><li>● Add tiny amounts</li><li>● Use it as a short cut to some of the more complex colours</li></ul>

## Last Word

Today's colour charts are your personal colour library. You are beginning to discover which colours excite you, which combinations sing to you and the incredible range at your fingertips...

**This is the foundation of your unique colour voice!**